

12 months to skinfluencer status

Enhance your social media in 3 easy steps:

1. Use the tabs above to jump to content—you'll find a post for each month of the year, plus a quarterly bonus post!
2. Copy the caption and download the image linked.
3. Paste the caption, upload the image and post!



GENERAL

FSA reset



📅 **FSA FUNDS RESET SOON!** 📅 Schedule an appointment to start the year with healthy skin and use your funds before you lose them. Plus, to help pay for additional out-of-pocket costs, ask us about flexible financing with the CareCredit credit card!

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JANUARY

January 8: National Winter Skin Relief Day



Is the cold drying out your skin, too, or is that just us? ❄️ It's National Winter Skin Relief Day, so schedule an appointment to get your winter skin care tips and treatments. Plus, ask about available financing with the CareCredit health, wellness and beauty credit card!

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FEBRUARY

February 14: Valentine's Day



This Valentine's Day, fall in love with skin care that can help you look and feel your best! 💕 Flexible financing is available with the CareCredit health, wellness and beauty credit card—ask us how!

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MARCH

Tips to pamper sensitive skin



Is your skin feeling a little extra sensitive lately? 🙄 Sensitive skin needs extra TLC, but a few simple changes can make a huge difference. Consider fragrance-free products, lukewarm water instead of hot, and always patch-testing new skincare. ✨ Schedule a consultation to create a personalized routine that works for you. Ask about easy financing with the CareCredit health, wellness and beauty credit card! 🏠

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GENERAL

Summer skin care



Healthy skin looks good on you! Keep it refreshed all summer with skin care products and treatments. ✨ Schedule an appointment and ask about the CareCredit health, wellness and beauty credit card as a way to pay.

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APRIL

Easy ways to care for your skin as you age



Over time, skin changes. That's true whether you're in your 20s or your 70s. ✨ As it evolves, it may need gentler cleansing, around-the-clock SPF protection (winter included!), and extra moisturizing. The key is adapting your routine with the right products. Come see us to learn what works best for your skin. Ask about easy financing with the CareCredit health, wellness and beauty credit card! ✨

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MAY

Skin Cancer Awareness Month



Protect your skin this summer! 🌈 Skin Cancer Awareness Month is a good reminder to schedule your yearly skin exam and stock up on summer skin protection. Ask us how the CareCredit health, wellness and beauty credit card can be used to pay over time for important dermatological care.

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JUNE

Simple hydration habits for healthy skin



When your skin is thirsty, it shows! 💧 Simple hydration habits can make a big difference. Drink plenty of water throughout the day, use a humidifier while you sleep, and apply moisturizer right after showering to lock in moisture. Ready to give your skin the hydration it deserves? Come see us for personalized product recommendations! We accept the CareCredit health, wellness and beauty credit card as a way to pay. ✨

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GENERAL

Combat acne in teens and adults



Acne doesn't care about age—it's an equal opportunity annoyer. 🙄 Whether you're 16 or 36, breakouts can be frustrating. The good news? There are effective treatments for every age and skin type. We can help you find the right solution to get clearer, healthier skin. We accept the CareCredit health, wellness and beauty credit card as an easy way to pay. ✨

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JULY

July 8: World Skin Health Day



Healthy skin is our focus every day, but for World Skin Health Day it should be yours, too! Come see us to keep your skin healthy and ask about the CareCredit health, wellness and beauty credit card as a way to pay for care over time with budget-friendly financing.

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AUGUST

Encourage regular skin care & checkups



Think of skin care like your morning coffee. It's an essential part of your daily routine! ☕️ ✨ Consistent at-home care is about looking good and more. Skin health is an important part of wellness care. 🩺 Come see us for an annual dermatology exam to make sure your skin shines each morning—all year round. Ask about easy financing with the CareCredit health, wellness and beauty credit card!

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SEPTEMBER

Mommy makeover



Feel like your look needs a refresh? 🙄 Healthy skin is always in—and it can be even easier to make time for yourself with the kids back in school! Schedule an appointment to get treatments, procedures and products. Plus, learn how to pay for it over time with the CareCredit health, wellness and beauty credit card.

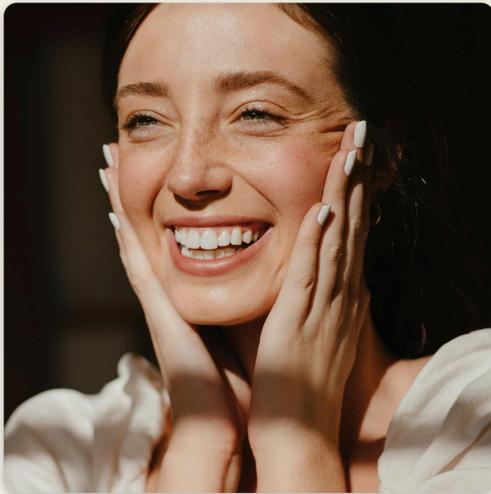
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GENERAL

Why customized skincare is better than guessing



Gambling with your skincare? 🎰 Using the wrong products can lead to irritation, breakouts or wasted money on treatments that don't work. Professional skin analysis identifies your specific needs and gets you results faster than trial and error. Visit us to create a plan made especially for your skin! We accept the CareCredit health, wellness and beauty credit card as an easy way to pay! ✨

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OCTOBER

Eczema Awareness Month



It's Eczema Awareness Month. If you're experiencing symptoms, we encourage you to come in for care. Ask us about treatments and products that can be used to feel some relief—AND how the CareCredit health, wellness and beauty credit card could be used to pay for it.

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NOVEMBER

National Healthy Skin Month



National Healthy Skin Month is a good reminder to schedule an appointment. Whether you want a rejuvenating treatment to prep for the holidays or a post-summer skin check, if approved, you may be able to pay for it at our practice with the CareCredit health wellness and beauty credit card. Call us to schedule and ask how!

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DECEMBER

New year, fresh look



Start working toward your New Year's skin goals in our office, and ask about the CareCredit health, wellness and beauty credit card as a way to pay for care and products.

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